



Gwent League Sunday 3rd December 2017

Carmarthen and District Harriers welcomes athletes to Pembrey Country Park for the third Gwent League Fixture of the Season.

Further to the successful Gwent League fixture which was held in the Park in March, and the Welsh Road Relays in September, the Club are grateful for the support offered by Carmarthenshire County Council in hosting this event in their Park.

Where we are: Pembrey Country Park, Pembrey, Carmarthenshire, SA16 0EJ.

Directions: Pembrey Country Park has excellent road communications. Situated just off the Main A484 road between Carmarthen and Llanelli. The M4 junction 49 (follow the Brown directional signs) is just a short hop to the east of Llanelli (approx. 30 minutes away) and the A40 covers the approach west and north of Carmarthen.

When you enter the Park you should follow the signs to the designated car park. On the day there will be a £2- charge for every car entering the Park.

Further details regarding this beautiful park can be found at:

www.facebook.com/PembreyCountryPark/

Please follow the link to see a promotional video for events in the stunning Pembrey Country Park: <https://vimeo.com/234984463>

Additional activities:

There is also a traditional **Christmas Fayre** within the Park from 10am - 3.30pm including Festive food, Craft Stalls, Santa's Cabin, Reindeer and Carol Singing.

Pre-booking required for Santa's grotto, £5.00 per child. (Contact Visitors centre on 01554 742424 to book)