

The John H Collins Gwent Cross Country League
Blaise Castle Estate, Bristol, BS10 7QT – Saturday 19th February 2022
Event Information

The Course

The course is different this year, and participants should inspect it beforehand to note any difficult terrain. The grass varies from smooth to uneven, with molehills in places. There are a couple of short stony sections, so while spikes are the preferred footwear, runners should take care.

Parking

Parking in the main car park will be difficult unless you arrive early. However, we plan to utilise other car parks in the area as follows. NB These are typically ½ mile away, please be prepared to walk. Charges in the main car park are not yet active, but please check on the day.

- The **Avon Riding Centre (BS10 7QT)**, entrance opposite end of main car park. Please don't park along the access road. NB This may fill up quickly.
- There is plenty of street parking in the **Long Cross area (BS11 0SJ)**, but do not leave valuables in your car.
- **If your kids are running early**, and you reserve a table for **lunch afterwards at The Henbury Arms (0117 9500 144)**, you can leave your car in their car park (BS10 7AD). There is a large range of meal choices (www.stonehouserestaurants.co.uk).
- **AFTER 12 noon, Blaise High School Car Park (BS10 7NG)**; Entrance through the Henbury Leisure Centre Car Park, continue and park inside **wire netted area** (the school area). Please do not park there in the morning, and **not on the Leisure Centre (entrance) side**.

Please arrive early and allow plenty of time to find parking and walk over (typically ½ mile).

Please share lifts if possible, or get someone to drop you off if local.

Please park considerately – do not block driveways!

The double yellow lines outside the main car park may be faded but are still enforced!

Coaches

Would any club arriving by coach please email gwent.juniors@neilmiller.info to reserve a space in the main car park. There are also coach parking bays in Lawrence Weston Road, BS11 0ST.

Registration (Appointed Team Managers Only)

Registration (from 10:30am) will be located in the main room at **the front of the club house**, accessed through the front doors (unlike previous years). Appointed club team managers only – no personal entries are allowed. No cash taken for registered clubs, but there will be a separate table for dropping off cheques. See website for registration and payment procedure.

Please wear a mask when inside the club house. Club house facilities are for volunteers and officials only.

Gwent League T-Shirts (See Website for Details)

Gwent League T-Shirt winners can collect them from the left-hand side room inside the club house (access from front).

Other Facilities

There are **mobile toilets** next to the Club House, and **public toilets (including gentlemen's urinals)** behind the café (see map). There is seldom a queue for the public urinals. Spare loo roll in the club house!

There are no showers or changing rooms available. Please arrive already changed.

There is a popular **café** between the main car park and club house. Hot drinks and biscuits will be available in the club house for officials and volunteers.

First Aid

First Aid is available at the Club House. Race Marshals will be able to contact an emergency 4x4 vehicle.

Lost Children

Any lost children should be taken to the announcer at the Club House (See Course Map).

We hope you enjoy the event. Please send any feedback to Neil Miller: gwent.juniors@neilmiller.info