

**Novice (Female) Section: (Inaugurated 1976)**

<b>Season</b>	<b>Team</b>	<b>Athlete</b>	
1976-77	Champions	Bristol AC	M. Davies (Brecon)
	Runners-up	Cardiff AAC	H. Gould (Bristol)
1977-78	Champions	Cardiff AAAC	C. Corish (Port Talbot)
	Runners-up	Bristol AC	V. Alexander (Bristol)
1978-79	Champions	Bristol AC	V. Alexander (Bristol)
	Runners-up	Westbury Harriers	A. Hall (Bristol)
1979-80	Champions	Dursley & District AC	N. Wood (Barry)
	Runners-up	Bristol AC	W. Everett (Bristol)
1980-81	Champions	Aberdare Valley AAC	C. Underwood (Dursley)
	Runners-up	Dursley & District AC	L. Hopkins (Aberdare)
1981-82	Champions	Bristol AC	M. Sims (Westbury)
	Runners-up	Aberdare Valley AAC	J. Crowley (Port Talbot)
1982-83	Champions	Bristol AC	J. Green (Dursley)
	Runners-up	Dursley & District AC	C. Green (Dursley)
1983-84	Champions	Cardiff AAC	J. Garrett (Cardiff)
	Runners-up	Bristol AC	C. Thomas (Barry)
1984-85	Champions	Cardiff AAC	J. Edward (Barry)
	Runners-up	Bristol AC	R. Pain (Dursley)
1985-86	Champions	Bristol AC	K. Jones (Brecon)
	Runners-up	Westbury Harriers	L. Gallagher (Westbury)
1986-87	Champions	Cardiff AAC	D. Higgins (Cardiff)
	Runners-up	Great Western Runners	A. Baker (Dursley)
1987-88	Champions	Cardiff AAC	A. Andrews (Westbury)
	Runners-up	Westbury Harriers	N. McBeam (GWR)
1988-89	Champions	Cardiff AAC	M. Higgins (Cardiff)
	Runners-up	Baptist Mills School	M. Miller (Baptist)
1989-90	Champions	Westbury Harriers	H. Gruffudd (Carmarthen)
	Runners-up	Torfaen AAC	M. Miller (Westbury)
1990-91	Champions	Carmarthen & Distr Harriers	C. Davies (Carmarthen)
	Runners-up	Hereford & County AC	E. Roper (Neath)

### *Novice (Female) Section: (Cont'd)*

<i>Season</i>	<i>Team</i>	<i>Athlete</i>	
1991-92	Champions Carmarthen & Distr Harriers	L. Phillips	(Carmarthen)
	Runners-up Preseli Harriers AAC	C. Evans	(Amman Valley)
1992-93	Champions Carmarthen & Distr Harriers	R. Fry	(Llanelli)
	Runners-up Preseli Harriers AAC	A. Heard	(Lliserwerry)
1993-94	Champions Carmarthen & Distr Harriers	J. Cadogan	(Preseli)
	Runners-up Preseli Harriers AAC	C. Evans	(Carmarthen)
1994-95	Champions Carmarthen & Distr Harriers	C. Hyde	(Llanelli)
	Runners-up Bristol AC	G. Thomas	(Carmarthen)
1995-96	Champions Newport Harriers AC	P. Harrison	(Preseli)
	Runners-up Carmarthen & Distr Harriers	L. Thomas	(Aberystwyth)
1996-97	Champions Aberdare Valley AAC	K. Newbury	(Preseli)
	Runners-up Carmarthen & Distr Harriers	S. Lake	(Carmarthen)
1997-98	Champion		
	Runners-up		