

Intermediate Ladies Section: (Inaugurated 1971) (1993 Under 17 Women)

Season	Team	Athlete	
1971-72	Champions Bristol AC	L. John	(Cwmbran)
	Runners-up Swansea Harriers AC	H. Mealing	(Bristol)
1972-73	Champions Bristol AC	S. Smith	(Bristol)
	Runners-up Cardiff AAC	S. Tolan	(Cwmbran)
1973-74	Champions Bristol AC	S. Smith	(Bristol)
	Runners-up Cardiff AAC	S. Tolan	(Cwmbran)
1974-75	Champions Cardiff AAC	A. Graham	(Westbury)
	Runners-up Westbury Harriers	A. Lewis	(Cwmbran)
1975-76	Champions Westbury Harriers	M. Bone	(Westbury)
	Runners-up Carmarthen & Distr Harriers	J. Clement	(Swansea)
1976-77	Champions Carmarthen & Distr Harriers	M. Bone	(Westbury)
	Runners-up Westbury Harriers	D. Lewis	(Cardiff)
1977-78	Champions Cardiff AAC	C. Francis	(Newport)
	Runners-up Bristol AC	L.M. Gibson	(Dursley)
1978-79	Champions Bristol AC	C. Nicholas	(Cledlan)
	Runners-up Cardiff AAC	L.M. Gibson	(Dursley)
1979-80	Champions Cardiff AAC	M. Wiltshire	(Westbury)
	Runners-up Bristol AC	E. Sinclair	(Bristol)
1980-81	Champions Cardiff AAC	Y. Jones	(Tiwerton)
	Runners-up Bristol AC	S. Hale	(Westbury)
1981-82	Champions Bristol AC	M. McKie	(Exeter)
	Runners-up Bridgend YMCA AC	S. Hale	(Westbury)
1982-83	Champions Cardiff AAC	S. Hawkey	(Plymouth)
	Runners-up Bristol AC	P. Harwood	(Cardiff)
1983-84	Champions Bristol AC	N. Shaw	(Bristol)
	Runners-up Cardiff AAC	C. Lock	(Newport)
1984-85	Champions Bristol AC	M. Clark	(Bristol)
	Runners-up Swansea Harriers AC	C. Pugh	(Newport)
1985-86	Champions Cardiff AAC	J. Mason	(Exeter)
	Runners-up Westbury Harriers	H. Price	(Hereford)

Intermediate Ladies Section: (Cont'd)

<i>Season</i>	<i>Team</i>	<i>Athlete</i>	<i>Athlete</i>
1986-87	Champions Cardiff AAC	J. Mason	(Exeter)
	Runners-up Exeter Harriers	N. Morgan	(Carmarthen)
1987-88	Champions Bristol AC	N. Morgan	(Carmarthen)
	Runners-up Exeter Harriers	J. Parsons	(Cardiff)
1988-89	Champions Bristol AC	C. Barnett	(Cardiff)
	Runners-up Cardiff AAC	E. Taylor	(Exeter)
1989-90	Champions Bristol AC	K. Taylor	(Bristol)
	Runners-up Exeter Harriers	K. Britten	(Bristol)
1990-91	Champions Bristol AC	K. Taylor	(Bristol)
	Runners-up Exeter Harriers	K. Britten	(Bristol)
1991-92	Champions Westbury Harriers	V. Conneely	(Neath)
	Runners-up Neath Harriers AC	H. Moulder	(Yate)
1992-93	Champions Westbury Harriers	E. Parry	(Swansea)
	Runners-up Newport Harriers AC	S. Street	(North Devon)
1993-94	Champions Cardiff AAC	P. Gowing	(Bristol)
	Runners-up Bristol AC	S. Street	(North Devon)
1994-95	Champions Cardiff AAC	G. Adams	(Bristol)
	Runners-up Bristol AC	S. Harrod	(Bristol)
1995-96	Champions Westbury Harriers	C. Wensley	(Newport)
	Runners-up Carmarthen & Distr Harriers	R. Evans	(Bridgend)
1996-97	Champions Westbury Harriers	J. Horne	(North Devon)
	Runners-up Carmarthen & Distr Harriers	A. Kay	(Westbury)
1997-98	Champions		
	Runners-up		