

## Junior Men Section: (Inaugurated 1963)

Season	Team	Athlete	
1963-64	Champions Army Apprentices School	D. J. Price	(Girlington)
	Runners-up H.M.B.I. Prescoed Camp	S. Aylett	(Girlington)
(In 1963-64 Season, Youth and Junior Men were combined age-groups)			
1964-65	Champions Army Apprentices School	G. Williams	(Hereford)
	Runners-up University of Wales Cardiff	J. Kirby	(Roath)
1965-66	Champions Army Apprentices School	D. Walsh	(Birchgrove)
	Runners-up University of Wales Cardiff	T.P. Morris	(UC Cardiff)
1966-67	Champions Army Apprentices School	J. Powell	(Birchgrove)
	Runners-up H.M.B.I. Prescoed Camp	R. Lally	(Hereford)
1967-68	Champions Cardiff College	B. Hayward	(Birchgrove)
	Runners-up Army Apprentices School	R. Evans	(Cardiff College)
1968-69	Champions Troedyrhiw Boys Club	B. Hayward	(Cardiff)
	Runners-up H.M.B.I. Prescoed Camp	D. Hopkins	(Newport)
1969-70	Champions Cardiff College	D. Fowles	(Cardiff)
	Runners-up Troedyrhiw Boys Club	K. Latimer	(Cardiff College)
1970-71	Champions Bristol AC	S. Seaman	(Swansea)
	Runners-up Cardiff AAC	B. Donovan	(Cardiff)
1971-72	Champions Army Apprentices School	P.J. Nunn	(Chepstow)
	Runners-up Cardiff AAC	W. Ashford	(Cwmbran)
1972-73	Champions Cardiff AAC	S. Slocombe	(Cardiff)
	Runners-up Cardiff College	P. Harries	(Cardiff)
1973-74	Champions Swansea Harriers AC	T. Hawes	(Swansea)
	Runners-up Westbury Harriers	G. Cuthbert	(Cardiff)
1974-75	Champions Swansea Harriers AC	A. Darby	(Caerleon)
	Runners-up Cardiff AAC	D. Flynn	(Swansea)
1975-76	Champions Cardiff AAC	C. Owen	(Bristol)
	Runners-up Westbury Harriers	D. James	(Cardiff)
1976-77	Champions Westbury Harriers	C. Street	(Westbury)
	Runners-up Bristol AC	R. Nash	(Westbury)
1977-78	Champions Westbury Harriers	R. Nash	(Westbury)
	Runners-up Aberystwyth AC	C. Street	(Westbury)

### *Junior Mens Section: (Cont'd)*

<i>Season</i>	<i>Team</i>	<i>Athlete</i>	<i>Location</i>
1978-79	Champions	Swansea Harriers AC	C. Buckley (Westbury)
	Runners-up	Westbury Harriers	J. Ellis (Aberystwyth)
1979-80	Champions	Cardiff AAC	S. Blakemore (Cardiff)
	Runners-up	Swansea Harriers AC	D. Keepen (Bath & Percy)
1980-81	Champions	Swansea Harriers AC	N. Boughey (Swansea)
	Runners-up	Cardiff AAC	S. Smith (Swansea)
1981-82	Champions	Swansea Harriers AC	G. Hill (Swansea)
	Runners-up	Bristol AC	N. Adams (Swansea)
1982-83	Champions	Newport Harriers AC	N. Gooch (Beddau)
	Runners-up	Westbury Harriers	D. Thomas (Swansea)
1983-84	Champions	Westbury Harriers	D. Rixon (Beddau)
	Runners-up	Barry & Vale Harriers AAC	P. Kibble (Rhymney)
1984-85	Champions	Westbury Harriers	D. Rixon (Cardiff)
	Runners-up	Cardiff AAC	J. Hamer (Bridgend)
1985-86	Champions	Bristol AC	N. Horsfield (Newport)
	Runners-up	Barry & Vale Harriers AAC	N. Lewis (Rhymney)
1986-87	Champions	Westbury Harriers	S. Goss (Exeter)
	Runners-up	Bristol AC	J. Wherlock (Westbury)
1987-88	Champions	Westbury Harriers	N. Smart (Westbury)
	Runners-up	Cardiff AAC	J. Price (Llanelli)
1988-89	Champions	Bristol AC	C. Old (Bristol)
	Runners-up	Swansea Harriers AC	A. Rees (Club69)
1989-90	Champions	Bristol AC	D. Mattock (Plymouth)
	Runners-up	Cardiff AAC	D. Hiscox (Aberdare)
1990-91	Champions	Bristol AC	M. Farmer (Yate)
	Runners-up	Cardiff AAC	R. Baker (Cardiff)
1991-92	Champions	Swansea Harriers AC	M. Morgan (Newport)
	Runners-up	Exeter Harriers	C. Stephenson (Cardiff)
1992-93	Champions	Westbury Harriers	S. Griffiths (Cardiff)
	Runners-up	Newport Harriers AC	C. Blount (Newport)

### Junior Mens Section: (Cont'd)

Season		Team	Athlete	
1993-94	Champions	Cardiff AAC	J. McMurray	(Bideford)
	Runners-up	Bideford AC	M. Finlayson	(Cardiff)
1994-95	Champions	Cardiff AAC	M. Finlayson	(Cardiff)
	Runners-up	Barry & Vale Harriers AAC	J. Hughes	(Cardiff)
1995-96	Champions	Carmarthen & Distr Harriers	S. Meredith	(Carmarthen)
	Runners-up	Cardiff AAC	T. Cairnes	(Carmarthen)
1996-97	Champions	Cardiff AAC	S. Smith	(Swansea)
	Runners-up	Exeter Harriers	M. Collins	(Torfaen)
1997	Champions			
	Runners-up			